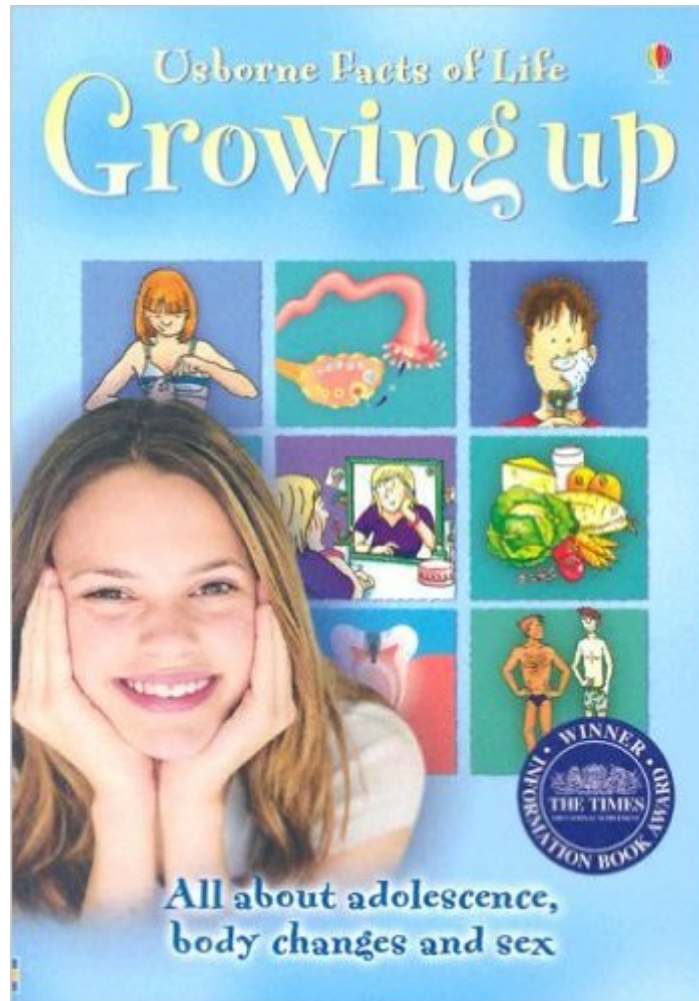


The book was found

# Growing Up: All About Adolescence, Body Changes & Sex (Facts Of Life)



## Synopsis

Revised and updated, this award-winning book provides practical advice to anyone aged 10 or over. Describes in an approachable and straightforward way exactly what happens in puberty - the role of hormones and the changes in the body. Sections on sex, contraception as well as on food, exercise, hygiene, drugs and HIV. ("Excellent reference book for the older child... Amusing illustrations and reassuring words of wisdom." Practical Parenting) Paperback. Pages: 48 Also available in Spanish

## Book Information

Age Range: 10 and up

Series: Facts of Life

Paperback: 56 pages

Publisher: Usborne Books (October 31, 2004)

Language: English

ISBN-10: 0794507646

ISBN-13: 978-0794507640

Product Dimensions: 9.5 x 6.7 x 0.2 inches

Shipping Weight: 5.6 ounces

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #1,124,131 in Books (See Top 100 in Books) #86 in Books > Children's Books > Growing Up & Facts of Life > Health > Maturing

## Customer Reviews

This is a book that every teen should have. It's beautifully illustrated and broken into different categories which makes it easy to follow, easy to understand and very factual. Don't leave it up to chance that they will learn what is real. Prepare them and they will be the wiser for it. It's better to get the facts from this than from misinformation from peers.

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